

LAGOS 2023:



ACCORD GUBER

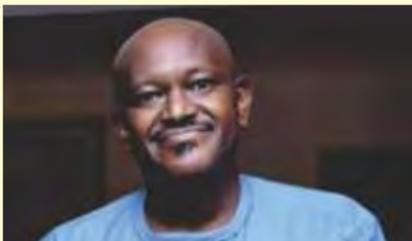
CANDIDATE, DICKSON TO DUMP PARTY FOR APC

Lagos 2023: LP commences campaign this week

...Rhodes-Vivour boasts of victory



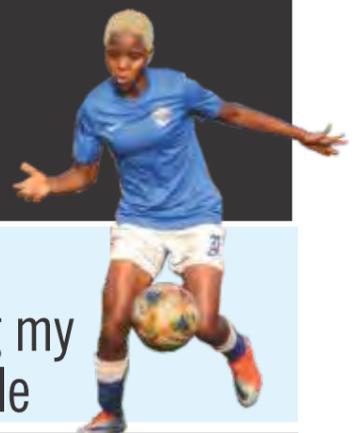
Segun Ayobolu:
Grit, Quality And
Versatility On
Diamond Eve



Alaba traders fight to regain market in court

University of Peace,
APCA on study trip
to Morocco

Ikorodu Metro Lions
Club fetes widows
with welfare packages



Media Gurus On The Ground As
Caleb University Confers
Honorary Doctorate On Alake

NWFL Premiership:
I feel excited scoring my
first goal - Shobowale

Council chairman lauds Fidelity Banks over free medical outreach

Lagos 2023: Accord guber candidate, Dickson to dump party for APC

By Razak Adebayo

Barely 47 days to the governorship election, there are indications that the governorship candidate of Accord Party (AP), Hakeem Olaogun-Dickson may terminate his ambition, dump his party and pitch tent with the ruling All Progressives Congress (APC). Reliable sources closed to the candidate and APC in Lagos told ECHONEWS that Dickson may soon declare intention to join APC after negotiation with the ruling party.

ECHONEWS gathered that a meeting has been scheduled for this week between Dickson and some chieftains in the ruling APC, including the Chief of Staff to the Lagos State Governor, Mr. Tayo Ayinde with the input of the Speaker of the Federal House of Representatives, Rt. Hon. Femi Gbajabamila.

After the purported meeting this week, it is expected that Dickson will formally announce his defection from Accord Party to APC.

As earlier reported by ECHONEWS, Lagos political observers had envisaged the defection of Dickson to APC, saying it would be added advantage for the ruling party.

Dickson is a former chairman of Surulere Local Government. He was appointed in 2017 by Governor Akinwunmi Ambode as the Director General of the Lagos State Safety Commission.

In May, 2022, Accord Party (AP) unanimously unveiled him as its governorship candidate for Lagos State for the 2023 gubernatorial election. He had earlier been nominated at the party's primaries which was held at the Airport Hotel, Ikeja.

While declaring him as the governorship candidate, the chairman of the Electoral Committee of the party, Comrade Lanre Ogunbare, said: "By the power vested in me, I, hereby, declare Hon.

Hakeem Olaogun Onikoyi Dickson as the governorship candidate of Accord Party for the 2023 General Elections."

Reacting to the nomination, Dickson tendered his acceptance speech. "With a grateful heart and the sole obligation to devote every effort of my body, mind and spirit to lead our party to victory in 2023 and our State back to greatness, I humbly accept the nomination."

According to the candidate, with this kind of a unity among members of Accord, "We are ready and eager to take on the APC, PDP and other 15 political parties next year 2023."

He added that it would be a year of concern, quiet and sober reassessment of "Our State's" character and purpose.

"It has already been a year when voters have confounded the experts. And I guarantee you that it will be the year when we give the government of this State back to the people of this State," Dickson said.



Hakeem Olaogun-Dickson

Lagos 2023: LP commences campaign this week ...Rhodes-Vivour boasts of victory

By Razak Adebayo

In the build up to the 2023 general elections, the Lagos State chapter of Labour Party (LP) has revealed plan to roll out its campaign this week.

Since the political activities started across the State with other parties such as the All Progressives Congress (APC) and its strong rival, the Peoples Democratic Party (PDP) flying their campaigns through various media, the Labour Party has not been seen with any firm of campaign. However, in a chat last week, the governorship flag bearer of the party in

Lagos State, r, Gbadebo Rhodes-Vivour good ECHONEWS that his party would commence rolling out of its campaign this week with jingles to be played on radios and televisions.

"We shall roll out our jingles next week. Unlike other parties, we don't have the government's money, we don't take money from the government to do campaign. We do not have the money to be given out to the electorate to buy them to vote for us," he said.

Reaction to a rumour that his party is planning on strategies to rig the election in Lagos State,



Rhodes-Vivour said it was a political gimmick by the opposition parties to divert the attention of the electorate to them and sympathize with them.

"Rig election? Who is rigging the election, the INEC or who? We don't have the money to bribe, those who have taken the

government money are behind it.

"It is a propaganda by the opposition party and we cannot fall for that"

The LP flag bearer expressed confidence that his party will win the election in Lagos State, saying "We are sure of our victory in Lagos State."

Lagos 2023: LP commences campaign this week ...Rhodes-Vivour boasts of victory

Continued from page 2

Rhodes-Vivour started his political career in 2007 when he contested for the Ikeja Local Government Chairmanship position under the umbrella of the KOWA party.

In 2019, he came out to contest for the Lagos West Senatorial seat under the Peoples Democratic Party (PDP) but lost to Senator Adeola Olalekan (Yayi), an All Progressives Congress (APC) candidate.

He headed to the tribunal to challenge the result. Citing incidents of widespread violence and discrepancies in the result, he requested a rerun, which was not granted.

He later sought PDP ticket to contest for the Lagos State governorship seat in 2023 but again, could not secure the ticket due to the internal politics which played out to produce Olajide Adediran, popularly known as Jandor as the party's candidate.

Apart from Rhodes-Vivour, Ade Dosumu, David Kolawole, Olanrewaju Jim-Kamal, and Adedeji Doherty were other aggrieved aspirants under the PDP.

Following the emergence of Adeniran, some other aspirants felt cheated and showed their grievances.

Adediran, a former member of APC, joined the PDP in January, 2022 and declared his intention to run for governor on the PDP platform two months later.

Rhodes-Vivour, thereafter, pitched his tent with Labour Party where he was given the ticket to run for the governorship position in Lagos State.

He emerged the Labour Party's candidate for the Lagos State governorship election after decamping from the PDP.

Following his emergence as the party's candidate, he had boasted of victory in the coming governorship race in the state.

Speaking, Rhodes-Vivour expressed his determination to

become the next governor of Lagos State with assurance of winning the election in March, 2023.

He said despite all the propaganda by the opposition parties, his Labour Party will still coast home victory, having the strategy to canvass for people's support.

According to him, it is time for the youth to take over the government to put things in good order.

He appealed to the teeming youths for their collective support to the party to ensure total victory in the general elections.

He said: "We need the youths to take over governance and we shall get it done."

He had boasted to be the beat candidate to become the next governor due he knows how best to restructure the state.

According to him, apart from running under the Labour Party platform, the Lagos residents need a new person like him and that because he is an architect and knows how to design Lagos that will be okay for every resident but not for only the wealthy.

He noted that after lawyer and accountant have ruled, the next is to try an architect.

He said he had gone round the ten local governments under

the Lagos West Senatorial Constituency while he was contesting for the senate under PDP, saying he had got first hand knowledge of what the Lagosians want.

"I know what the people need. I know the place where they never had electricity since 20 years ago. I know where they don't have primary health care center, I know where they don't get school. I know where the government has abandoned them and feel as if they are not part of Lagos State. When become governor, I will serve the people, not my pocket or my family but the people living in Lagos.

"I'm an indigene of Lagos. I will be a leader that everybody can relate with. And again, it is time for the youths, it is the time for power to shift to the youths who form the larger percentage of the population.

"And also, I'm highly intelligent. I graduated from the beat university in the world. I graduated from Massachusetts Institute of Technology and I have worked with American and Chinese government on urban planning so, I have the experience to work Lagos out."

On infrastructure, the LP flag bearer said he would construct 100km of rail within four years, embark on road

network in the inner communities, making sure the local governments work by making them independent, adding that he will make he would make sure potential governors are made local government chairmen, who can deliver. He said he will also invest in quality education and make the health care facilities work well.

An activist, who turned politician, Rhodes-Vivour was the convener of Nigerians Against GMOs (NAG), an organisation that advocated against the authorisation or introduction of Genetically Modified Foods (GMOs) into Nigeria.

He has also been a frontrunner in advocating for the restoration of history in the school curriculum.

On March 11, 2023, Rhodes-Vivour will compete for the Lagos State governor with Babajide Sanwo-Olu of the All Progressives Congress (APC), Olajide Adediran of the Peoples Democratic Party (PDP), and Hakeem Olaogun-Dickson of Accord Party (AP).

As earlier reported by ECHONEWS, political analysts in Lagos politics had observed that the election would be between APC and PDP.

However, they believed that it would be difficult for Adediran to break the stronghold of APC backed by the party's

presidential candidate, Asiwaju Bola Ahmed Tinubu.

Kehinde Samuel said: "The contest is between Jandor of PDP and the incumbent governor from the ruling party, Mr. Babajide Olusola Sanwo-Olu. Other contestants will barely get sizeable votes and Jandor will only try. Sanwo-Olu will win for the second time because the calculations are in his favour.

"He is the incumbent and his party leadership is strongly with him. In governance, Sanwo-Olu has been at his best and he will hope to consolidate his achievements when he gets reelected. Jandor might come near but Sanwo-Olu will win.

"Labour Party cannot move in Lagos, they are very minority. The guy will only have to make the list."

Another political watcher, Saheed Akintunde said: "PDP seems to be a stronger force now and I have this belief that they will give APC a run for their money this time around. It won't be business as usual come 2023.

"Jide Adeniran is contesting to win, unlike the party's last gubernatorial candidate who was just contesting to make money through negotiation. It will be a serious contest between APC, PDP and let's say Accord party too because they are there to spoil the vote. The LP is not known in Lagos, nobody hears of them."



Gbadebo Rhodes-Vivour



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Ojokoro CDC drums support for APC candidates

By Edith Obioma

Community Development Committee (CDC) of Ojokoro Local Council Development Area (LCDA) has embarked on intensive campaign for the victory of All Progressives Congress (APC) candidates during the general elections. The CDC chairman, Samuel Alabi acknowledged achievements of the party's candidates for House of Representatives, Hon. Benjamin Olabinjo and

Lagos State House of Assembly, Hon. Emmanuel Olotu in Ifako-Ijaiye constituency II. Alabi noted that Olabinjo has contributed to the community with provision of 44 electricity generating transformers and additional two transformers facilitated from Lagos State Ministry of Rural Development. He noted that the candidate had also facilitated 31 roads into Ojokoro LCDA through Lagos State Government while serving as the Special Adviser to the Governor. According to Alabi,



Ojokoro CDC supports APC candidates

Olabinjo's achievements have improved quality of lives in various communities and the entire LCDA. He endorsed the duo while also calling for support of the community for all the APC

candidates. He assured them of maximum support of the grassroots at the elections. Responding, Olabinjo promised to keep his good deeds and to represent the people in

the best way. He donated N1million to the building project of the CDC hall to support the association. In the same vein, Olotu assured community leaders his readiness to serve and transform lives

of the people for good living. He also gave N2million donation to support the CDC project, promising that he and Olabinjo will collectively provide fund for the tiling of the hall. The LGA party chairman, Hon. Jelili commended the landmark achievements of Olabinjo during his tenure as Ojokoro LCDA chairman. He disclosed that if Olabinjo is elected as a member of the federal House of Representatives, he will provide comfortable shield for the people of Ojokoro and Ifako-Ijaiye at large.

Council chairman doles free JAMB forms to indigent students

By Edith Obioma

In a bid to assist parents to ease the burden of school runs, the chairman of Ifako-Ijaiye Local Government, Prince Usman Hamzat, has approved the issuance of free JAMB forms to prospective Candidates across the Local Government. He also made preparation for 2-month free JAMB coaching for the candidates in to adequately equip them with required knowledge. According to the council chairman, the forms will be officially presented to

candidates after a brief screening/qualifying test. Prospective candidates are expected to attend the free JAMB class which will commence on Monday, January 23, 2023 at Fagba Junior Grammar School, along Iju Road, Ifako-Ijaiye between 4pm and 7pm daily. While the screening/qualifying test will hold on Saturday, January 28, 2023 at the same venue by 10am prompt. It is said that only the successful candidates after the screening will be issued the free JAMB forms.

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FREE JAMB FORMS
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OPEN TO ALL PROSPECTIVE UTME CANDIDATES IN IFAKO-IJAIYE

COMMENCEMENT DATE: Monday 23rd January, 2023
Time: 4pm- 7pm (Mon-Fri)
Venue: Fagba Junior Grammar School

NOTE: The Collection of FREE JAMB FORMS will be on Week Screening holds on Saturday 28th January, 2023.

PRINCE USMAN AKANBI HAMZAT (UAM)

The construction of Primary Healthcare

Center (PHC) at Ashabi Taiwo in Obawole Area of Ifako-Ijaiye Local Government has been completed. The council chairman, Prince Usman Hamzat said the construction of the PHC followed the rehabilitation of the one at Iju-Ogundimu. According to the chairman, he embarked on review of the

LG rehabilitates PHCs

By Edith Obioma

Primary Health Care facilities across the council area with the aim of fixing and equipping them for utmost functionality. "The PHC at Ashabi Taiwo Street in Obawole now wears a new face-lift with good paint, floor, roof and electrical fittings and

other major structural changes. The new PHC is said to improve health care deliveries for the people of Obawole and Ifako-Ijaiye in general who had been longing to assess health facilities within the area. Over the years, Ashabi Taiwo PHC was said to be structurally deteriorated, causing

setbacks in accessing health facilities. Hamzat assured the residents of accelerated efforts in primary health care service delivery across the Local Government Area. He said he has recently donated medical equipment to PHCs in Ifako-Ijaiye to enhance quality health care services across board.



Renovated PHC in ifako-ijaiye

APC canvassers in Ojodu LCDA engage ward B residents on 2023 elections

By Edith Obioma

The conveners of "Walk Through/Engagement Rally" at Ojodu Local Council Development Area (LCDA) ward B have engaged All Progressives Congress (APC) party faithful and residents to vote for APC candidates in the coming elections. Ikeja Federal Constituency APC train moved to ward B in Ojodu LCDA to campaign for its party candidates. The council chairman, Hon. David Odunmbaku was delighted at the turnout of party members at the rally that took

place behind County Hospital and ended at the LGA party secretariat in Ajayi Road, Aguda-Ogba. He appreciated leaders and members present for their unflinching commitment and support to the party. He urged them to ensure the party and its candidates, Asiwaju Bola Tinubu, Babajide Sanwo-Olu, Idiat Adebule, James Abiodun Faleke and Adedamola Kasumu emerge victorious at the polls next month. He further appealed to women and youth wings of the party to work assiduously to gain and defend votes for the party. He assured the youths of his



Ojodu LCDA ward B rally

continuous effort for them to enjoy the dividends of democracy. Also speaking, the

Lagos State House of Assembly member representing Ikeja Constituency 2, Hon. Adedamola Kasumu

implored members to deliver votes for APC in the coming elections. The LGA party

chairmen across the constituency also engaged stakeholders on winning the elections.

As LCDAs, we're to complement LGs - Odunmbaku

By Edith Igbokwe

The chairman of Ojodu Local Council Development Area LCDA chairman, Hon. David Odunmbaku has said that LCDAs are created to complement the Local Governments. While enlightening the residents on how to address various issues affecting the community vis a vis the role of local government, Odunmbaku said LCDAs were smaller administrative divisions within LGA created by state government to take governance down to various communities. He expanded that

LCDAs are responsible for providing more localised and specialised services to the people living within their jurisdiction, and also address specific needs of an area that is not being met by the LG. Meanwhile, the council boss reiterated his commitment to his HEYS (Health, Education, Youth Empowerment, and Social Infrastructure) agenda as the focal points of his administration. He noted that his mission is in tandem with Governor Babajide Sanwo-Olu's THEMES agenda and the United Nations'

Sustainable Development Goals (SDGs). He pledged that the council would continue to improve the overall health and wellbeing of the citizens by upgrading and equipping all Primary Health Care Centres within the LCDA. According to him, there will be improvement with the provision adequate personnel and medical equipment for quality service delivery. He boasted that his administration has been committed to provision of quality education and opportunities for students to pursue

higher education, through the distribution of free JAMB and GCE forms to indigent students in the council area. He highlighted the council's plan to rehabilitate more roads to aid good transportation and commuting within the community. "Presently, we have about 85 untarred roads within the LCDA. However, with the meager resources at our disposal, we are assiduously working to ensure that at least six roads are constructed in each of the wards of Ojodu LCDA. This would have a significant impact on movements within the LCDA."



Odunmbaku states roles of government to people

Asiwaju support group encourages residents to get PVCs

By Saheed Afolabi

As the 2023 general elections draws nearer, members of the Asiwaju Distinguished Ambassadors Movement (ADAM) came out en masse, rallying dwellers in Ikorodu LG to pick up their permanent voter's cards. Led by its founder, Aarebirin Hon. (Dr.) Princess Folashade Olabanji-Oba, the vice chairman of Ikorodu LG, the movement embarked on 'Collect your PVC' campaign mobilisation scheme. Folashade-Oba explained: "We embarked on a PVC collection campaign. Asiwaju Distinguished Ambassadors Movement (ADAM) went around different neighbourhoods, compelling those who are yet to pick up their PVCs to do so in earnest. "We used the same medium to pay homage to our hospitable APC LGA Chairman, Alhaji Waheed Animashaun at our party's secretariat. We came here to let him know that he's doing a great job for our great APC party in Ikorodu. "Also, we want him to know that together we're cruising to victory for all our APC candidates during the general elections. From our presidential candidate, His Excellency, Dr Bola Ahmed Tinubu and his running Vice, Senator Kashim Shettima, our Lagos State of Excellence Mr Talk and Do Governor, Babajide Olusola Sanwo-Olu and his deputy, Dr. Obafemi Hamzat. "Stretching down to Ikorodu, our number-one heartthrob, representing the Lagos East Senatorial district, Senator Adetokunbo Abiru,

Ikorodu Golden Boy at the green chamber, Hon. Babajimi Adegoke Benson MHR, Hon. Gbolahan Ogunleye (OGA), APC candidate for Ikorodu constituency 1 at the Lagos State house of Assembly, and of course, Hon. Abiodun Moshood Aro (AMA), APC candidate for Ikorodu Constituency 2 at the Lagos State house of Assembly, we're going all out for them to seek their triumph at the forthcoming elections." Dr. Folashade-Oba, the National Chairman of the Association of Local Government Vice-Chairmen of Nigeria (ALGOVC), declared that the electoral cycle is no longer business as usual, enlarging that the time is forthwith for every eligible voter to play their role. "Sometimes we tend to overlook certain things, but this season is vital to our desire for national change," she illustrated. On the people's reaction towards picking up their PVC, Folashade-Oba expressed enthusiasm in the procedure, asserting that some people experienced difficulty in picking up their voter's card due to delays.

"Because of the delays, we encouraged them by providing mobility to carry interested participates to and fro, enabling them to acquire their Permanent Voters Card. "With that said, I'll take hold of this medium to express my profound gratitude to the Independent National Electoral Commission (INEC), as regards their extension of the date for people to get the PVC, it is my prayer that we all should maximise this sharp opportunity." Complimenting Folashade-Oba's remarks, the Ikorodu APC LGA Chairman, Alhaji Waheed Animashaun disclosed that APC Ikorodu LGA is putting the finishing touches to galvanising every support for the party's candidates. According to him, "We're not only persuading the people to get the PVC, but we're also enlightening them about the significance of possessing it. "The good thing is that, as we continue to crusade on this collection process, people are beginning to come in the quest of obtaining it."



Cross section of pictures taken during the PVCs collection awareness program done by the Asiwaju Distinguished Ambassadors Movement

Ikorodu Metro Lions Club fetes widows with welfare packages

By Saheed Afolabi

No fewer than 50 widows were given welfare packages by Ikorodu Metro Lions Club during a programme tagged, 'A day with the Widows, Feeding the Hunger' held at the Igbodu axis of Ikorodu. Offering to put smile on the faces of the elderly, the club banded with Great Height Women Achievers International Club to cater for the widows in Ijede LCDA. Speaking, Lion Oredipe of Ikorodu Metro Lion Club stated that the club has been supportive over the years based on membership capacity which has made a difference. "The resemblance between

Princess Scholastica's club and ours is her passion to support people around her community. We're aiding the widows through the corridor of Princess Scholastica, letting her know that giving makes the world go round, and she should continue caring for the widows to the best of her capability. "Helping the less privileged and needy has been our goal from day one, and we do it for no political reasons or eye service. "We understand the unspeakable joy that arouses from our type of service, and that satisfaction alone is priceless." In appreciation, Ezuma praised Ikorodu Metropolitan Lions Club for its consistently giving habit, urging the club to

continue aiding the less privileged. She said: "It is only God that can reward the givers, and I know my God will support all members of Ikorodu Metro for all they do around Ikorodu. "This is the second time this year we're putting such a programme together for the widows, and seeing Ikorodu Metropolitan Lions Club leveraging on it is a thing of utmost relief." Hinting her interest to join the club, Ezuma requested the project coordinator to engage her in the various requirements needed to officially make her a unit of the club. Beneficiaries subsequently rained prayers and blessings on the club, expressing their sincere gratitude for the welfare packages.



Ikorodu Metro Lions Club giving out welfare packages to Widows in Ijede LCDA

Ndigbo president calls for solidarity

By Saheed Afolabi

The newly inaugurated chairman of Ohanaeze Ndigbo, Amuwo-Odofin chapter, Chief Lawrence Chikwado has appealed to his newly inaugurated colleagues to ensure unity and oneness as they all share a common goal. He said the association needs their cooperation

to continue to thrive towards success, saying whatever decision they make will affect all members of the association. He said as the apex leader of the socio-cultural organisation of Ndigbo in Amuwo-Odofin, he will strive to actualise the construction of a secretariat to lay a good foundation and actualise plans for the association.

Chikwado also revealed that empowerment programmes for Igbos which include the youths and less privileged through welfare activities would be organised to improve the standard of living of their people. He urged everyone to cooperate with the new administration to achieve greater things in moving Lagos forward.

2023 Appropriation Bill: Council prioritises infrastructure, to gulp N650m

By Saheed Afolabi

A total of N650 million has been earmarked for the execution of capital projects by the Lagos Island East LCDA in its 2023 appropriation bill with priority on development of infrastructure.

While presenting the proposed budget to the

legislative arm of the council recently, the council chairman, Hon. Dr. Muibi Folawiyo, said more infrastructure projects would be executed in 2023 if the budget is passed by the legislators.

While analysing the provision of the budget, Folawiyo explained that the total size of the budget was N3.6 billion (N3,579,097,779.00)

. According to him, N51,600,000 is budgeted for Social services and Recurrent, while training of staff and welfare will gulp N28,000,000.

"There is always need to train and retrain a staff no matter how efficient he or she is in the discharge of duties. For the efficient running of the Department," he said.

Women Affairs and Poverty Alleviation Department is given N34,000,000 for social service expenditure and recurrent.

For environmental & waste management services, the council will spend N106 million; N132 million is for Agriculture and Social Development; while Primary Health Care Department is to spend N261.3 million in the 1013 fiscal year.

"We intend to improve on the health care delivery of the good people of Lagos Island East. The Construction, rehabilitations and purchase of drugs for

the health centre," the council boss said.

N109.5 million is budgeted for education sector to cater for the construction of schools within the local council, provision of Library equipment and purchase of chairs and tables for schools as well as purchase of JAMB and GCE forms for indigent students.

Political office holders allowance is projected to be N80,000,000.

Speaking, Folawiyo said: "It is my pleasure to welcome you to the presentation of year 2023 budget for Lagos Island East Local Council Development Area tagged Budget of advancement. I want to assure the Legislative Arm that this budget is for the betterment of our community all the projections and estimates were from the outcome of the stakeholders forum.

"We have taken an in-depth study of the needs of our people and we are assuring the good people of Lagos Island East that all their needs



Hon Dr Muibi Alade Folawiyo.

will be met.

"We will provide basic amenities and infrastructure to alleviate the sufferings of our people.

"We are aimed at transforming Lagos Island East into a modest Council in our Megacity. We hope to achieve spectacular transformation with the proposed plan if given the needed support for implementation. It is anticipated that year

2023 will record tremendous improvement from the federal allocation and internally generated revenue with the help of the State Government and the support of our people we will become a better community for all.

"We must all try to live as brothers and sisters because where there is peace and harmony, we are sure of having a robust development."

LP canvasses grassroots for poll success

By Motolani AbdulGafar

The chairman of Labour Party (LP) on Lagos State, Comrade Oluwatoyin Shokunbi, has appealed to the electorate at the grassroots to vote for the party during the coming general elections.

Shokunbi pledged that the party will reverse the economic situation of the country. She made the appeal while inaugurating the newly elected executive members of the party in Amuwo-Odofin.

Shokunbi tasked all members to work hard in

all the various units in the wards and mobilise support to ensure victory for the party in the 2023 general elections.

She said the poor leadership emanated from the poor administrative competence, which the party stands against.

She promised that her party would not impoverish the nation, but promote its economy by making judicious use of every resource to enhance its economic potential.

She further canvassed for the candidacy of the party's presidential flag bearer, Mr. Peter Obi as the right man to vote for.

LAHA APC candidate, Folorunsho promises good feedback mechanism

By Motolani AbdulGafar

The flag bearer of the All Progressives Congress (APC) for the State House of Assembly in Amuwo-Odofin constituency, Hon. Ola Folorunso (Ola Western) has promised a hitch-free communication medium between him and the constituents if elected.

He said most of the issues that arise at the grassroots level is the problem of effective communication as there

is in most cases communication gap between the masses and the government which he promised to bridge if elected.

He informed that to achieve such, he has established a department; Community Engagement which gives the masses a direct interaction between him and them.

He said he will strive to bring the state's presence to the community for more development in the community.

By Saheed Afolabi

The chairman of Lagos Island East LCDA, Hon. Dr. Muibi Folawiyo, has lauded Fidelity Bank for facilitating a medical outreach to the residents of the community.

The council boss said though the Local Council Development Area authorities provided the venue, the outreach programme was solely executed by the bank.

He therefore encouraged

members of the community to take advantage of the programme to enhance their health and wellbeing.

Besides the medical outreach, participants also received provisions, ready-made meals as well as corporate gift items from the bank to commemorate the Yuletide celebrations.

The staffs across Fidelity Bank's business locations had identified projects that would

impact their immediate communities and raised funds to execute them.

The bank's management thereafter matched this contribution with an equal amount and disburses it for the selected project.

The council boss reiterated his commitment in ensuring that he delivers the dividend of democracy to the residents of the Lagos Island East LCDA.

Folawiyo noted that good health is the foundation

of good living which begets a progressive community.

"As I continue to serve my people, I won't relent until I have fully delivered dividends of democratic system to the people of Lagos Island East LCDA.

"In collaboration with Fidelity Bank, I facilitated medical outreach for my people as I understand that good health is the foundation of good living and good living beget a progressive community."

Council chairman lauds Fidelity Banks over free medical outreach

Alaba traders fight to regain market in court

By Edith Obioma

Kosofe Local Government Area (LGA), Ikosi-Isheri Local Council Development Area (LCDA), CEO of Total Value Integrated Services Limited, Dr. Chris Onyekachi, Attorney General and Commissioner for Justice, Lagos State; and Ministry of Physical Planning and Urban Development have been given interim injunction by the High Court of Lagos State, Ikeja, restraining them from entering or forcefully taking over the land known as Alaba Section of Mile 12 Market, Kosofe Lagos, pending the determination of a Motion on Notice before it. The Motion on Notice was initiated by the claimants/applicants namely; Incorporated Trustees of Olorere Community Leaders and Traders Association, Yeye Precious Modupe Ojo, Alhaji Akinwale Jimoh, and Babatunde Adetula suing for themselves and on behalf of the traders from the Alaba Section of Mile 12 market.

The Court presided over by Justice (Mrs.) L.A.F Oluayemi also gave an order of interim injunction restraining the defendants/respondents by themselves, their agents, servants, privies, and/or any other person howsoever described from demolishing or forcefully taking over the land known as Alaba Section of Mile 12 Market, Kosofe, Lagos, pending the determination of the Motion on Notice. Also given by the judge in the suit designated ID/6464GCMW/2022, and brought under Order 42 Rules 1 and 4 and Order 43 of the High Court of Lagos State (Civil Procedure) Rules, 2019, Section 1 of the Preemptive Remedies Section of the Practice

Direction, No 2 of 2019. And under Section 34, Section 36 and Section 43 of the Constitution of the Federal Republic of Nigeria, is an order of interim injunction restraining the defendants/respondents by themselves, their agents, servants, privies, and/or any other person howsoever described from building on the land known as Alaba Section of Mile 12 Market, Kosofe Lagos, pending the determination of the

Motion on Notice. Justice Oluayemi on January 11, 2023, further made an order of interim injunction restraining the defendants/respondents by themselves, their agents, servants, privies, and/or any other person howsoever described from letting out the land known as Alaba Section of Mile 12 Market, Kosofe Lagos, pending the determination of the Motion on Notice. Before the injunction order, It was learned that on the 18th of December

2022, the respondents continued with the demolition of the said Market, despite service of court processes and prior agreement by all parties in the office of the Commissioner of Police, Lagos State, held on 17th December 2022 to stay active till the Meeting fixed for the 19th December 2022. On the 19th day of December, the second meeting was held. All parties who attended the previous meeting also

attended the second one. However, In the meeting, counsel to the applicant, M.G. QUADRI Esq of G.kolawole Quadri & Co was refused entry and chased out by Princess Samiat Abolanle Bada, The Chairman of the Ikosi-Isheri Local Council Development Area. The respondents orally promised the applicants to begin some sort of resolution process and to stop the further destruction of the Market. Despite the promises

given, the destruction of properties and assault on helpless traders by heavily armed thugs has not stopped, it has only increased exponentially. From the time the motion on Notice was filed up until now, more parts of the Alaba Section of the Mile 12 Market have been destroyed and demolished. Traders have been forced away from their shops and thugs have been patrolling the area, assaulting anyone that came closer.

Ogunlewe inspects area offices, PHCs

By Edith Obioma

The chairman of Kosofe Local Government, Barr. Moyosore Ogunlewe, has embarked on inspection of area offices and Primary Healthcare Centers (PHCs) across the local council area. Ogunlewe stated that the inspection was to encourage various units, staffs to ascertain condition of things and

proffer solutions to identified problems. He made provision for four Utility Revenue Buses and workstation for area offices as well as an ambulance for Health Care Emergency in Kosofe. He promised to do more to ensure a conducive working environment for the workers to improve productivity. Offices inspected by the chairman include Ogudu, Ifako Area Offices; Oworo,

and Mende Primary Health Centers. He commended the efforts of the staff members and monitoring teams of various offices for the significant progress recorded since the beginning of his administration. The staff members in turn commended the council chairman for the visit and for what he had done so far as they assured him of their further cooperation.



Ogunlewe's inspection visit

Kosofe LG equips staff members with technology

By Edith Obioma

To enhance productivity in Kosofe Local Government Area (LGA), the council chairman, Barr. Moyosore Ogunlewe has provided the staff members with technological gadgets. Equipment provided include three Laptops, sharp digital copier, How Laser jet among others for effective operation and smooth running of Kosofe LGA. According to Ogunlewe, the provision is done in fulfilment of his promise to actualise the smart council mantra and make council officials happy. He appreciated the council officials for their dedication and loyalty to

his administration, assuring them of good their welfare package. He reiterated that since his inception as Kosofe LG chairman, he has constructed 11 roads,

seven drains and a customary court to be commissioned soon. The council boss informed that the Primary Healthcare center (PHC) constructed in

collaboration with Access Bank in Oworonshoki will be commissioned in February. He promised more social amenities to the people for good living and good

working facilities to the staff for effective delivery, encouraging them to keep the steadfastness, faith and belief in the administration for collective achievement.



Prophet Ogundipe assures APC candidates in Mushin of total win

By Saheed Afolabi

The founder of Genesis Global Church, Prophet Israel Ogundipe, has assured APC candidates in Mushin Constituency 02, of total victory in the coming 2023 general elections. During his ministration at the Annual Thanksgiving held at the Mushin Local Government council secretariat, the man of God congratulated the candidates of both Federal House of

Representatives, Hon. Toyin Fayinka and House of Assembly, Hon. Yinka Kazeem ahead of the election. He stated that the Thanksgiving was an expression of appreciation of their victory at the poll. He eulogised the presidential candidate of the APC, Asiwaju Bola Ahmed Tinubu as a man who has made impact in the lives of people and raised human destiny. The council chairman, Hon. Emmanuel Bamigboye, who led the council and entire

management in the Thanksgiving, was full of thanksgiving as he danced with the spirit of King David to thank God for what he has done in Mushin Local Government. He however assured the congregation of another round of thanksgiving after the triumphant victory at the coming general elections in February and March, 2023. The council boss, prayed for Prophet Israel Ogundipe for honouring God and the people of Mushin with his ministration and

prophetic sermon. The man of God promised to organize a three days revival in Mushin. He also prayed for all the departments and staff of the local government, for progress and more development. The event was attended by various ministers and Evangelists, who ministered in songs, including representatives from Christian Association of Nigeria (CAN), Mushin Local Government Chapter.



Prophet Isreal Oladele

PCRC honours Bamigboye

By Saheed Afolabi

The Police Community Relations Committee (PCRC) in Lagos State has presented the chairman of Mushin LG, Hon. Emmanuel Bamigboye an outstanding service award for his "outstanding service to humanity and remarkable contributions to security in Lagos State." The award plaque was presented to the chairman in his office by the state chairman of PCRC, Apostle Kehinde Sowemimo

with his Special Adviser, Comrade Aranju. While receiving the award, Bamigboye expressed appreciation to the committee for for appreciating his efforts towards protection of lives and properties in Mushin community and Lagos at large. He also thanked the Nigeria Police and members of the community for their cooperation in security matters. He however assured of more support for the police in order to motivate and encourage them to do more.



L-R, Chairman Mushin LG, Hon Emmanuel Bamigboye and the PCRC chairman of Lagos, Apostle Kehinde Sowemimo

Women's group commends Bamigboye for gender sensitivity

By Saheed Afolabi

Members of the National Council for Women Society (NCWS), Mushin Branch, paid a courtesy visit to the office of the chairman, Mushin Local Government, Hon. Emmanuel Bamigboye, in appreciation for the numerous support, financial assistance and empowerment

programmes initiated to empower the female gender in Mushin community. The team was led by Mrs F. Abdul, who waxed lyrics about the chairman, praising him for his various skills acquisition, adult literacy education and his monthly financial assistance targeted at supporting women who are into petty trading. She thanked the multiple

award winning council boss for elevating the female gender above the cultural stereotyped beliefs and empowering women with tools required to succeed and thrive in male-centric society. The chairman in his remarks reiterated that women should be given equal opportunities to express and display their talents.

He challenged the women further by calling on them to galvanise all their female groups to show their strength in the forthcoming elections with their votes. Bamigboye encouraged them to advocate for the collection of voters cards in their various areas and ensure they vote during the general elections coming up in February and March, 2023.



Chairman of Mushin LG, Hon Emmanuel Bamigboye with members of National Council for Women Society at his council office

Trendy and affordable hairstyles to rock 2023

By Edith Obioma

To continue in the business of looking good and stunning with a low maintenance protective hairstyles for natural hair or extension added (attachment) for a beautiful length, a beautician, Mrs. Funke Ambekemo has come up with trendy hairstyles one can rock 2023 with.

She noted that the considered trendy hairstyles will suit any fresh outlook on life, be it short or long according to anyone classic choice.

First on the list is Hair Locs, commonly known as dreadlock, traditionally to interlock hair.

And it varies from natural hair locs, to faux locs, butterfly locs

and any of the styles will go for any day outing.

She expressed that the beauty about the style is that it stays longer but, the wearer need to really take care of it (keep clean often) to avoid offensive odour.

Another trendy hair style listed includes, Bun Extension, a hair do that pulls the hair together at the center, side or back with a doughnut sharp on top.

According to her, the style blends well with the hair and it's good for brides and guests too can wear it.

"Similar hair style to that is Ponytail Extension pulled together with packing gel, attached with long straight weavon to get elegant look."

For a more different look and creative style, she suggested

that women should try out Ombre hair style.

She explained that Ombre style comes in contrast colour combination such as from black to brown, brown to light caramel and so on.

According to her, the outcome catches the eye if rightly done and the hair colour choice depend to a great extent on the natural colour of one's hair and partially on its length but are not limited by them.

Another fabulous trendy hair style she listed was Bob cut that stands ladies out with a sharp look.

She explained that the style comes in a short or medium length size and the hair is typically cut straight around the head at approximately jaw level,

but not longer than the shoulder length and it often comes with fringe or bangs at the front.

For simple hair styles that are easy to make with less time in the salon, easy to maintain and unweave, she opt for Cornrow hair styles.

She explained that Cornrow hair style is the normal weaving either done with natural hair or added with attachment to come up with Ghana braids .

According to her, the adventure of Cornrow styles is that they stay up to 8 weeks and still look fantastic, the only maintenance it requires is to keep applying oil for scalp health and shinning look.

As much as there are many hairstyles option to make, the aforementioned ones remains



Segun Ayobolu: Grit, Quality And Versatility On Diamond Eve

By Tunde Olusunle

For all his staggering attributes as a very formidable scholar, a distinctly rigorous inquisitor, a sound and profound political scientist, an inimitable reporter, an engaging writer, a perspicacious editor, he savours his reticence and unobtrusive carriage. In a world where dunderheads, impostors and wannabes hug the klieg lights, posturing as modern day standard-bearers, stars and men of letters, coveting conferments and adulation, he cherishes his quiet. He prefers to immerse himself in his study, lapping up multidisciplinary

knowledge, further enriching his subsisting, even overflowing intellectual capital. His elected choices to remain "backstage" in a manner of speaking, receives authentication from his minimal photographic prominence, even on the internet. And we are talking about a colossus in his own right.

Reporting for work on my first day at the good old Daily Times of Nigeria Plc in August 1990, the singular acquaintance I had was Gbenga Ayeni. Ayeni, now a professor of mass communications at the East Connecticut State University, (ECSU) in the United States, and I were classmates, brothers and best of friends at the University of Ilorin. He was already on the staff of the Daily Times about two years before me and was excited I was joining him at what then was Nigeria's

largest media organisation. While I was going to serve in *Sunday Times* in the Agidingbi, Ikeja address of the establishment, Ayeni operated from the Kakawa, Lagos Island headquarters of the organisation.

He had been redeployed to the Lagos desk of the London-based *West Africa* magazine, which was owned by the Daily Times conglomerate. Paxton Olu-Idowu was bureau chief of the Nigerian office of the publication and Ayeni worked with him. While I would yet link up with him, I was a momentary loner in Agidingbi. I would subsequently meet the likes of Maurice Ogar, Wole Olatimehin, (now a clergyman) and Edwin Baiye, (now in the US), who were all schoolmates at Unilorin. Tunde Rahman, and Hakeem Bello, media advisers to Bola Tinubu and Babatunde

Fashola, respectively, joined us later. This, however, could not substitute for reunion with Ayeni who was both my course mate and roommate in school, and with whom I played quite some school pranks for years together.

My initial loneliness was not going to persist for long, however. I'm told I'm an extrovert, that I make friends and integrate myself into newfound spaces seamlessly. I didn't need a chaperon as I walked that long *TPD* corridor, flanked on both sides by a million doors, all leading

to the offices and desks of different departments. I spontaneously met new colleagues and began my acclimatisation. There were iconic names one had encountered as an avid reader of Daily Times publications,

which numbered over a dozen at some point. And here I was, meeting them live and direct, in flesh and blood! Segun Ayobolu's was one of those salient, select bylines which had become recurring fixtures, engraved on the minds eye for his very insightful political analyses and resourceful intellectual investments in Daily Times publications.

Ayobolu's desk was on the immediate left once you opened the door of the voluptuous hall called the newsroom. Writers and reporters were scribbling, typists were busy on their *Olympia* typewriters. The audio of television sets could be heard in the background. The slight creak from the hinges of the door I opened, stirred Ayobolu and he looked in my direction. He nodded approvingly and I returned the gesture. I let go of the swing

door and walked up to him. I introduced myself as the newest *Johnny Just Come,* (JJC), as we shook hands and introduced ourselves. "You worked with "The Guardian," I believe," he asked me. "I've read you on the arts and literature review pages."

I smiled and told him I was but a contributor who desired to be heard in the assembly of A-list professionals. While teaching in a rural secondary school in the erstwhile *Oyi* local government area of the pre-August 1991 Kwara State and working on my masters in English, I told Ayobolu, I had unfettered access to some of Nigeria's unsung literary figures who could stand neck-to-neck with their colleagues elsewhere. They didn't receive the breadth and constancy of attention which scholars in the Lagos-Ibadan-Ife

tripod of institutions, enjoyed. David Cook, (British); Zulu Sofola; Olu Obafemi; Oludare Olajubu; Akanji Nasiru, were some of those eggheads. While doing my masters work, I interviewed them and sent the manuscripts to *The Guardian,* I said to Ayobolu.

We hit it as colleagues and friends from that moment. I would subsequently make more acquaintances thereafter. One could see Ayobolu's most dutiful application to his work, his untiring commitment, the enviable fervour he deployed. Information technology was not as advanced as we have today, so the entire newspaper production system was almost totally manual. Political activities were gaining pseudo-traction under the administration of former President Ibrahim Babangida, and the newspaper sustained a daily

section in the tabloid, and the political desk trusted to generate



Segun Ayobolu

front-page or backpage reports.

Ayobolu attended the daily "editorial meeting" chaired by the superintending editor who included Onyema Ugochukwu, Femi Sonaike, Dapo Aderinola at various times, in our generation. He then rallied his team including Emeka Nwosu, Basil Obi, Tunde Rahman among others, to generate content for the political pages. He routinely functioned as sub-editor, wielding that famous metal ruler to allocate space to various essays, reports and photographs. The library was adjacent the newsroom where relevant photographs and illustrations. Ayobolu slept in the office on a number of occasions, trying to get the job done. We were basically quasi-

bachelors and could take some risks. But such was Ayobolu's immersion in his vocation.

Ayobolu's intellectual versatility, his voracious appetite for knowledge, his scholastic expansiveness, his free-range mind of the prototype academic, find expression in his journalistic oeuvre. He gobbles poetry, works of prose, literary criticism, biographies, speeches, with the appetite of one facing an examination everyday. His insights into wisdom's broad-spectrum, ooze from his journalistic output. To make assurance doubly sure, Ayobolu has reviewed four of my published books and written the *Foreword* to my upcoming aggregation of essays and articles. As in other instances, Ayobolu leaves you in no doubt about his depth,

infinite vistas and abundance of capacity. Very few, ranking professors anywhere in the world, will do a better job of the laurel-deserving dilation of my works, than Ayobolu has done in all instances.

Joe Ibekwe one of our colleagues at the *Times* who now wields a doctorate, it was who reminded us on the *Daily Times Alumni Platform,* yesterday, that the date, Tuesday January 17, 2023 was the

birthday of this beloved brother, exemplary colleague and inimitable professional, Segun Ayobolu. Across the road in our good old Agidingbi *Daily Times* office was *White House,* a restaurant and bar so christened by we the regulars, after the colour of the building. Typically, whenever our "travel claims," "continues honorarium" or "out-of-state" travel allowances were paid, or whenever some

generous emolument was extended to us for genuine professional help, *White House* was the instantaneous converge. As desks in the newsroom emptied to an unspoken signal for assembly one of those days, Femi Ajayi, who was the science editor, remarked cheekily to the hearing of some of us: "Those guys have made a kill. They are going to their rendezvous!"

Milestones such as Ayobolu's yesterday, would have engendered spontaneous congregation at *White House,* our famous watering hole. Gboyega Okegbenro, Emeka Nwosu, Lawal Ogiegbon, Musa Ebomhiana, Adamson Momoh, Bayo Oladipo, Yemisi Fadairo, (Basil Obi, Femi Olatunde, Imokhuede Ogunleye, Edna Aguocha, the last four sadly no longer with us). We were quite a

bunch. Friends from elsewhere joined us on a day yesterday, including Ohi Alegbe, Reuben Abati, Gabriel Omohinmi, (Ademola Babajide, Eddie Ayo-Ojo, also gone to be with the Lord). The waiter at *White House* would be deployed in an endless relay, serving an assortment of drinks, going and coming, coming and going, regularly quizzed about the tepid temperature of lagers and similar liquids. The kitchen, would eternally simmer with the aroma of pepper soup, peppered meat and allied delicacies. The chant of *O yes ooooo* will seize the space. Title editors will be glad we all had turned in our copies before plunging into such revelry, which could well spillover to *point and kill* joints in Ogba, Alausa and similar places!

Segun Ayobolu was born January 17, 1964. His father, Elder Bamidele Samuel Ayobolu was one

of the earliest sets of graduates from the Ahmadu Bello University, (ABU), Zaria, in the 1950s. Baba also obtained a diploma in administration at the London School of Economics, (LSE). The very bright and brilliant Segun Ayobolu therefore got off to a pacy educational start, obtaining his bachelors' and masters' degrees in political science at the University of Ibadan in quick succession, between the ages of 21 and 24. His lecturers conceived of retaining him for his doctorate, so he could pursue a career in the academia. The young and restless Ayobolu, however, voted for the media as a career which could find fulfilment even as a budding scholar. The mammoth "invasion" of newsrooms by academics and technocrats heightened by the

inauguration of *The Guardian* in 1983, was a compelling inspiration for many of us.

Ayobolu was at various times: reporter, features writer, political editor and Editorial Board Chairman in *Daily Times.* He edited the *Sunday Times,* sister publication of the *Daily Times,* and has functioned as publicist in different departments of the nation's governance structure. He served as Chief Press Secretary to several public office holders, notably: the Senate President in the defunct Third Republic, (1992 to 1993); Federal Minister of Education, (1993 to 1995), and the Governor of Lagos State, between 1999 and 2007, at the outset of the subsisting Fourth Republic. He was also Special Adviser on Information and Strategy to the Lagos State Governor,

between 2007 and 2009. A columnist and Senior Member of the Editorial Board of *The Nation* newspaper, he is also an "Editor-at-large" of the newspaper. Ayobolu has in his pouch, enormous perspectives about different strands of our sociopolitics which he must avail Nigerians.

Ayobolu has been published in several journals and books, and has presented papers at several conferences and programmes. He has been involved with publications like: *Tinubu: In The Mirror Of The Press: What the Papers Say: A Collection Of Press Reports On Senator Ahmed Tinubu's Activities As Executive Governor Of Lagos State.* He has also produced *Biographical Sketches Of Members Of Tinubu's Millennium Cabinet: May 1999 to May 2003* and *Dele Alake: The Writer As Strategist.* He co-edited the

book: *Asiwaju: Leadership In Troubled Times,* (published in 2012), with Tunji Bello and Sam Omatseye. He is married to Justice (Mrs) Ayo Ayobolu, and blessed with children and grandchildren.

Segun Baba, this is hoping we shall celebrate your conclusive completion of your doctorate on your diamond birthday. Congratulations!

KNOW WHAT & WHAT NOT TO TAKE WITH RESPECT TO YOUR BLOOD GROUP

Blood group O:

Reduce the way you eat plantain! Please please and please, reduce your intake of plantain even if you like it. Why because, you are a general donor and the blood of People with Blood group O is usually light

Iron which is contained in plantain makes the blood light. The problem here is that the blood of a Blood group O person is light and constant intake of plantain (iron) will make the blood lighter thereby leaving you with no clotting factor.

Also as a Blood Group O

reduce your intake of wheat, corn. Continuous intake of wheat & corn as a Blood Group O person is exposing yourself to Diabetes.

The problem here as well is that our different blood groups contains different types of sugar. The food that is good for someone with Blood Group A might not be good for someone with a Blood Group B. When you eat a food that does not contain your type of sugar in your Blood group, your body will be looking for where to keep the sugar and the sugar will be converted into fats and will be stored in the liver.

When there is an excess of this sugar in the Liver or the liver is saturated diabetes starts this is because the remaining sugar in the body which can't be converted to fats begins to spread in the body.

Blood Group B;

Excess consumption of beans is not good for someone with Blood Group B. There is a major difference between Carbohydrate molecules and that of protein which is Nitrogen. Continuous intake of foods that contain Nitrogen is not good for someone with Blood Group B. The Nitrogen goes to the kidney. Most of the patients in Dialysis Centres are those with the Blood Group B. As someone with Blood Group B, reduce your intake of garri, reduce your intake of Chicken. Infact avoid chicken!

Chicken contains an "Agglutinating Lectin" that can attack the bloodstream of someone with Blood Group B which causes immune disorders and Strokes.



People with Blood Group O and Blood Group B, continuous consumption of cashew nuts and groundnuts is not ok for you.

People with Blood Group B, apart from Cashew nuts and groundnuts, they are ok.

But People with Blood Group O should avoid all nuts generally or have a minimal intake of nuts because nuts contain aflotoxins which the body of a person with Blood Group O cannot digest.

Nuts are generally ok for people with Blood Group A. One man's food is another man's poison.

People with Blood Group O, avoid yoghurt or reduce your intake of yoghurt. People with Blood Group A and Blood Group B, free yoghurt for you.

Milk is very good and contains calcium but it is not a good source of Calcium for someone with Blood Group O.

This is because a person with Blood Group O can't break down lactose.

Some of the Hypertension & Diabetes found among People with Blood Group O is caused by milk.

Excessive intake of milk is not good for persons with Blood Group A and Blood Group B.

Blood Group A;

Please reduce you general intake of meat especially cow meat!!! Cow

meat exposes those with Blood Group A to Heart issues. Both Goat meat, Bush meat, and every other meat If you have Blood Group A, reduce your intake of meat whereas excessive intake of meat is very good and ok for persons with Blood Group O.

Even ponmo as well, Blood Group A. If it's possible for you to avoid meat as a Blood Group A person, that will even be good.

Blood Group O, enjoy your meat.

Blood Group A you should preferably eat Snail, turkey and Chicken (Poultry) but avoid meat from ram, cow, goat and the likes.

Blood Group B, you're free to eat cow meat but it should be minimal. You're however free to eat ram & goat meat. It's very much ok for you.

Also Blood Group B, please reduce your consumption of Chicken (Poultry) and even tomato as well or if it's possible for you to avoid Chicken, that's fine.

Chicken and tomato predisposes some with Blood Group B to a disease called Lupus. Lupus is a disease that occurs when your own body immune system attacks your tissues and organs. Lupus currently has no cure though the situation can be managed.

It must be emphasised the importance of the consumption of

meat for someone with Blood Group O. Like it was said earlier, If you have Blood Group O continue eating meat. Any meat at all no matter your age. Atimes when People come of age, they reduce their intake of meat. This is however not for everybody. If you're Blood Group O and you're of age and you stop eating meat, you might have Arthritis.

This is because you're a proteinous person by nature and your body now lacks the building blocks of protein.

If you're Blood Group O and you feel you want to lose weight, you should quit eating bread, corn, pap, custard etc but not meat.

Blood Group O are proteinous by nature Blood Group A are Vegetarians by nature.

Blood Group B are mainly the fruit and vegetables type

Blood Group O you are very much free to eat garri but don't eat wheat. Even if you have diabetes it's ok

But

Blood Group B, reduce your intake of garri because garri can make someone with Blood Group B have diabetes.

Irish potato is not good for someone with Blood Group O and Blood Group A. It is however ok for people with Blood Group B and Blood Group AB.

Sweet potato is good for persons with Blood Group O

KNOW WHAT & WHAT NOT TO TAKE WITH RESPECT TO YOUR BLOOD GROUP

People with Blood Group A
Please reduce your intake of yam be it cocoa yam, sweet yam etc.

Blood Group AB;
People with Blood Group AB should focus on foods like seafood, dairy and green vegetables, egg.

People with Blood Group AB tend to have low stomach acids. They should avoid caffeine, alcohol, Corns, buckwheat, coconut, bananas, mangoes, whole milk and black tea.

People with Blood Group AB can also take yoghurt, walnuts, millets, broccoli, plums and berries

In Conclusion, eat more natural foods and reduce your consumption of processed foods.

BAY LEAVES- Yoruba name for it is "Ewe Bunkun". That is the Leaves Women and Caterers put in Jollof-Rice to flavour it and preserve it from souring.

Many ladies add bay leaves to their foods, especially in the cooking of red meat and poultry. Many don't know why bay leaves are added to food!

When a woman was asked why, she said, "to flavor the food". If you boil the bay leaves in a glass of water and taste it, it will have no flavor. So why do you put bay leaves in the meat or other food?

The addition of bay leaves to meat converts triglycerides to monounsaturated fats and, for experimentation and confirmation: Cut a chicken into two halves, cook each half in a separate pan and place on one a bay leaf, and cook the other without a bay leaf. Observe the amount of fat in both pans after cooking!

If you have bay leaves, there is no need for a pharmacy, as recent scientific studies have shown that bay leaves have many benefits:

They help to get rid of many serious health problems and illnesses.

The benefits of bay leaf:

- They -
- Treat digestive disorders and help eliminate -
- Lumps
- Heartburn
- Acidity
- Constipation

Hot bay tea regulates bowel movements -
lowers blood sugar
is an antioxidant,
by eating them, or by drinking



Blood Group Test Lab Process

bay tea for a month, the body is able to produce insulin

eliminates bad cholesterol and relieves the body of triglycerides.

useful in treating colds, flu and severe coughs, as it is a rich source of vitamin "C". you can boil the leaves and inhale steam to get rid of phlegm and reduce the severity of coughs.

protects the heart from seizures and strokes, as they contain cardiovascular protective compounds.

rich in acids such as caffeic acid,

quercetin, eigonol and bartolinide, substances that prevent the formation of cancer cells in the body.

eliminates insomnia and anxiety. If taken before bed time, helps you relax and sleep peacefully.

drinking a cup of boiled bay leaves twice a day breaks down kidney stones and cures infections.

Don't just read and leave in your in box. Forward to others for benefit!

Defeated cancer
Pineapple hot water

Please spread the word!! Please spread the word!!

ICBS General Hospital Professor Dr. Gilbert A. Kwok insisted that if everyone who received this bulletin could take ten copies to others, at least one life would be saved.

I have done some on my part, hope you can too..

Thanks!

Pineapple hot water will save your life

Hot pineapple kills cancer cells.

Thinly slice 2 to 3 pieces of pineapple in a cup and add hot water, it will be "alkaline water", if you drink it daily, it is good for everyone.

Hot pineapple releases anti-cancer substances, the latest advancement in medicine for effective cancer treatment.

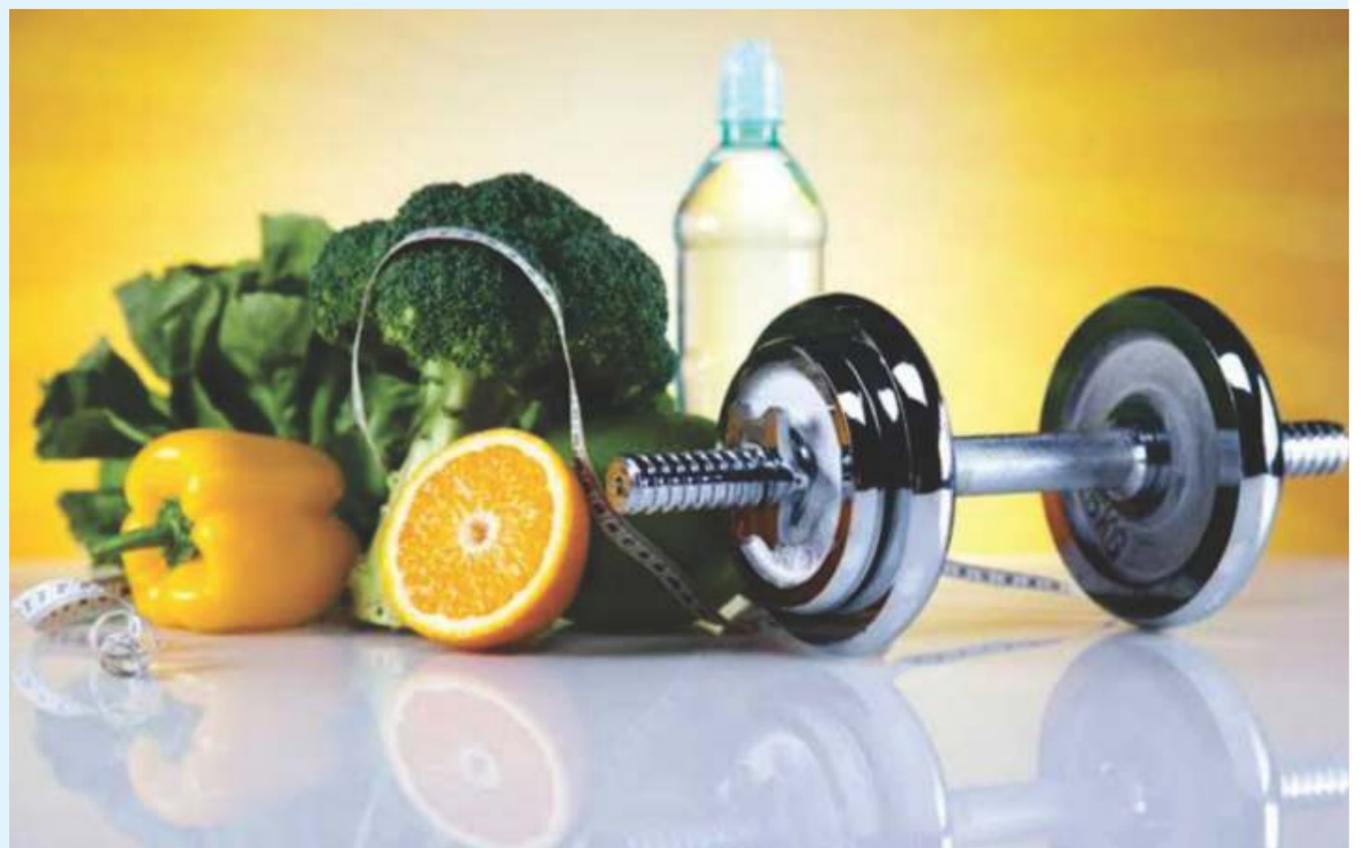
The warm fruit of pineapple has the effect of killing cysts and tumors. It has been proven to cure all types of cancer.

Pineapple hot water clears all the germs and toxins from the body due to allergies/allergies.

A drug derived from pineapple juice only destroys violent cells and does not affect healthy cells.

Also, the amino acids and pineapple polyphenols in pineapple juice can control high blood pressure, prevent blockage of internal blood vessels, improve blood circulation and reduce blood clotting.

After reading, tell others, family, friends, take care of your health.





I rejoice with **Chief Bisi Akande** on his **84th birthday celebration**. Baba Awon Omo ke ke ke as he is fondly called is a role model, mentor and extraordinary man of courage who has served the people with dignity and rare honour.

His life continues to inspire us who are his younger ones and associates as a shining example to emulate.

Baba Akande has been at the vanguard of progressive politics and good governance, ideals for which he has not compromised even with attendant inconveniences and challenges including detention and other risks to his life.

We remain grateful to God for sparing his life in good health and fecund mind.

**ASIWAJU BOLA
AHMED TINUBU**



A Diamond from the rubble: The world stands for Jahman at 60

Kehinde Bamigbetan

Just imagine: You are boarding a yellow bus under the bridge at Ikeja. The bus conductor puffing marijuana amidst swigs of herbal concoction looks like someone you met somewhere.

The more you look, the more the face with blood shot eyes looking menacingly at your phone looks like the restless guy on the Arts Desk at Rutam House. He moves towards you. You freeze in terror, your phone trembling in your hand as he makes for ...

Jahman Anikulapo, former editor, The Guardian, Culture activist and mentor shocked a distinguished audience of culture greats when he revealed he could have ended up for real like that had God not sent him a mentor.

"Till today, I can't look up each time I pass under the bridge at Ikeja because I know one or two of my mates would be there" he reflected on the road Fortune saved him from passing.

Yet as Ben Tomolaju, the man who discovered a diamond in the rubble of gang wars and street fights that Ikeja gave the youths in those days recounted, it was the rude disruption of a theatrical rehearsal by the urchin that served as the hook.

In their accounts, Tomolaju and Jahman agreed that Jahman, then known as Dejo was passing by the rehearsal when he noticed that the boy playing the character of an old man was not interpreting the role well. Mockingly he teased the boy: "you can't even play the character of an old man well. see the way you are holding the staff"

Suddenly, he felt a hand grab the collar of his shirt, pulling him into the arena. It was

Mastillo, the English and Literature teacher who was always on red beret. Mastillo of Saka Tinubu Grammar School is better known today as the great Ben T.

On Monday, January 16, 2023, culture greats such as Joke Silva, N Robert Young, the Yinka Davies, Ben Tomolaju, Toyin Akinosho, Pamela Udoka, Ben Idonije, Akeem Lasisi, Tam Fiofori, Kayode Aderinokun, Bolanle Austen-Peters, Segun Adefila attended the party put together by over 68 associates at the Freedom Park.

Also present were Jahman's colleagues from all segments of the media such as UBA Corporate Affairs boss, Ramon, Ehi Braimah, Managing Director, Guardian, Martins Oloja, editors and art correspondents.



R-L: Kehinde Bamigbetan With Edaoto



R-L: Kehinde Bamigbetan With Kabir Alabi Gatba



R-L: Kehinde Bamigbetan With Edaoto

POEMS

Nature's Wind..., by Gbemisola Adeoti



If water is all that nature offers you
from its pool of plenty
make a waterfall out of a small stream
to sate the torrid taste of tourists
for pleasurable wonders around the
globe.

If what providence proffers is only
orangutan;
the denizen of Sumatra and Borneo
forests
pluck oranges of success from its two
eyes
and suck the sweetness of life
out of its shaggy hair and coarse face.

If nature's wind blows you to Rome
mount the whirlwind of freedom
hold its rein tight on the saddle
and roam about the city of Rome
unrestrained
like a lost ant in a sugar pyramid.

Drums and fanfare herald the presence
of those who kick mare out of nightmare
like a wayward ball down the valley
but those who refuse to make hay
before the sun goes haywire
end up like a star witness in the box
who has everything but no wit.

Beneficiaries commend Abila over vehicle donation

By Motolani AbdulGafar

Beneficiaries of the vehicles donated by Iba LCDA under the administration of Hon. Yisa Jubril (Abila) have appreciated the gesture.

They described the council boss as a talented grassroots politician who has paid attention to a cordial relationship between his government and the workers, saying he puts in efforts to be on good terms with everyone

which has been their drive to strive harder.

The council leader, Hon. Ramon Obanla who was given a graded Lexus 350 jeep, described Abila as an exemplary leader worth emulating, saying he has always kept to his promise either the one made at work, social function or casually which portrays him as a community-oriented person.

The leader said since he has been working with the chairman, the extent to which he

approves community projects has been commendable among his peers.

Another beneficiary, the Secretary to the local council, Hon. Taiwo Adekanbi, said the donation would ease the dissemination of duties which will increase their commitment to the council.

He appreciated Abila, prayed for success in his administration and re-echoed the importance of putting in more effort in



Hon. Yisa Jubril (Abila)

developing Iba LCDA especially in the new year.

He pledged his continuous support and commitment towards the present administration.

Super commends MOH, Apex Nurse, others

By Motolani AbdulGafar

The Supervisor for Health, Iba LCDA, Hon. Saheed Ajanaku has commended the medical health officer, apex nurse and other health workers in the council area for his efforts in the past year.

He said their efforts despite continuous transfer have not on any occasion depreciated, noting that their quality of service is still being felt in the council.

At the first-year quarterly meeting, Ajanaku noted that

new year goals should be made and previous occasions that are meant to be repeated as a healthy body should be redefined and repackaged in as much as it is related to the masses.

He stated that better offers should be made to ensure health stability in the council.

Ajanaku further promised to look into their demands for better development while promising that the government would continue to see to the affairs of its people.

University applauds council chairman for donation of transformer

By Motolani AbdulGafar

The management of Lagos State University (LASU) has commended the chairman of Ojo Local Government, Hon. Rasulu Idowu over the donation of a 500KVA transformer to the Faculty of Science in the institution.

The chairman had donated the transformer to contribute to the education standard in the institution.

Appreciating the gesture, the Vice Chancellor, Prof. Ibiyemi Olatunji-Bello, said they would

continue to improve the standard of learning and research in the school to continue to stand side-by-side with their peers and be the pride of educationists within and outside the State.

She commended the system of governance currently running in Ojo saying Idowu's administration has made a great impact in developing Ojo which has been an eye-opener for her as a leader.

She promised that the institution will continue to strive harder and make a good standing at the international level.



Prof. Ibiyemi Olatunji-Bello

LASU don, Ibikunle urges youths to be law-abiding

By Motolani AbdulGafar

A lecturer at the Department of Education Management, Lagos State University, Dr. Ganiyu Ibikunle has urged the youths in Ojo and its environs to be law-abiding and assist the course of community policing in the area.

According to him, the election period is a great challenge and temptation for them to earn speedy wealth but could be detrimental to their livelihood.

Ibikunle made this remark at the Police Youth Dialogue held at Iba LCDA with the theme: 'The Police, Youth and the Law: Strategic collaboration for a safer Lagos'.

He noted that as youths,

they ought to key into the 3Ps of the police function in keeping their communities safe: 'Protection, Prevention and Prosecution'.

He advised that these functions should be their day-to-day order in living their lives as more of their impact has felt in the community.

He said their efficiency will build trust between the Police and themselves while encouraging their leaders to be transparent, coordinated and process effective communication while disseminating information to the public to commend the good image of the police.

Ibikunle further advised them to orientate the public more on their rights and caution them to be good ambassadors.

One of the All Progressives Congress (APC) leaders in Ibeju-Lekki Local Government, Dr Odutola Kasali has been described and commended as a selfless leader for providing opportunities for his people while considering the welfare

APC leader, Kasali gets commendation for being selfless

By Motolani AbdulGafar

of the masses before himself.

The commendation came following his appointment by the Maritime Council as the Chairman, Board of

Advisers and Supreme Council of Lagos Maritime and Petro-Gas Logistics Consultative Council, Lekki and Lagos Free Trade Zone / Lekki Port/Dangote Refinery Division.

The All Progressives Congress (APC) candidate for Lagos State House of Assembly in Ibeju-Lekki Constituency II, Hon. Oladele Ajayi confirmed that Kasali has been a leader he looks up to,

saying he has developed the party since his leadership tutoring commenced with other party elders.

He commended Kasali on his new appointment while boasting that surprising influences

would be made by Kasali in the coming years with the appointment.

Ajayi assured that he would emulate the teachings of the party elders if elected during election.

4,325 CDAs in Lagos endorse Tinubu, Sanwo-Olu ...as State celebrates 2022 Community Day

By Rasaan Adebayo

Governor Babajide Sanwo-Olu of Lagos State has said his government has been working in good partnership with the people at the grassroots to raise the banner of the State.

He said this as over 4,325 Community Development Associations (CDAs) across the 57 LGAs and LCDAs through the Community Development Advisory Council (CDAC) declared support for the presidential candidate of the All Progressives Congress (APC) Asiwaju Bola Ahmed Tinubu, and the re-election of Governor Babajide Sanwo-Olu for second term.

Sanwo-Olu said the grassroots support was a testimony of working partnership with the CDAs.

Sanwo-Olu received the endorsement instruments at the 2022 Community Day Celebration organised by the Community Development Advisory Council (CDAC) in collaboration with the Lagos State Government.

The event with the theme: "Strengthening Community Engagement for Inclusive Governance", was held at the Police College in GRA Ikeja.

The CDAC chairman, Alhaji Azeez Amusat, said the community associations' support for the Governor and the APC presidential candidate was borne out of the personal connection and the positive impacts the endorsees had with the grassroots across the State.

Amusat noted that the State Government had been supportive of active communities collaborating with the State in promoting sustainable development in their areas.

He commended the State Government for programmes targeted at improving lives in communities.

The CDAC chairman also praised Sanwo-Olu for approving annual subventions to support the groups' activities.

He added that the Governor approved leadership training for members and supported the associations' congresses.

Amusat called on the CDA and CDC members to get their voter cards and vote for the Governor.

Sanwo-Olu said the endorsement attested to a "working partnership" his Government had established with the CDAs and CDCs across the local councils in the State, pledging continuation of programmes and policies that would have positive benefits for the grassroots.

The Governor said the critical role played by the grassroots movement in promoting peace and stability within the State could not be undermined, stressing that CDAs and CDCs' advisory council had not only been dependable, but had proven to be trusted organisation in bringing development to local communities.

He said: "This occasion of your annual Community Day Celebration provides a unique opportunity to reflect and acknowledge the role of CDAs and CDCs as important stakeholders in delivering all Government interventions to the grassroots. You have become an important arm of our community. I cannot thank you enough for being our eyes and ears within communities. The advisory council has not only been dependable, but has proven to be one to be trusted. You are worthy partners in the progress of our State.

"The endorsement you have given us today is an attestation and a confirmation of a partnership that is working. We will not take your support for granted. This tells us we

have made positive impacts in your communities and we need to do a lot more to ensure this confidence reposed in us is not lost. We will continue to engage you and strengthen your commitment on the cause you have chosen by ensuring you participate in governance and creating a sustainable system for your growth."

Sanwo-Olu said his administration had restored peace in many of troubled communities across the State and brought dignity back through impartial appointments and installation of traditional rulers and chiefs.

The Governor said the CDAs and the CDCs played a key role in assisting the Government to bring key stakeholders to agreements whenever necessary, pointing out that the CDAC had metamorphosed into an indispensable tool for progress and peace.

Sanwo-Olu said: "Through the Ministry of Local Government and Community Affairs, we have installed over 40 traditional rulers in various communities across the State without any rancour. The traditional leaderships are happy with us because we take their stool, their roles and interventions seriously.

"Our commitment is to serve our citizens with dignity and I reassure that we will continue to lead a

purposeful government. We appreciate your participation and partnership. We will strengthen cooperation with you and ensure our development programmes reach every community in the State."

Special Adviser to the Governor on Local Government and Community Affairs, Hon. Bolaji Roberts, said CDAs and CDCs had been assisting the Government on vital issues in the areas of security and governance, while also promoting peaceful co-existence and harmonious relationships amongst the people within their domains.

The ceremony, he said, further demonstrated the Sanwo-Olu administration's commitment to ensuring dividend of democracy is extended to all the nooks and crannies of Lagos through Community Development Associations, which, he said, play pivotal roles in the development of the State.

Chief Rotimi Williams Community Development Association in Ifako Ijaiye Local Government Area was named the Most Outstanding CDA in Lagos, winning a brand new 18-seater bus to support its activities.

Other winners are Hilltop Community Development Association in Agbado Oke-Odo LCDA (first runner-up), and Gateway Zone Community Development in Ikosi Isheri LGA (second runner-up)



Gov. Babajide Sanwo-Olu and Asiwaju Bola Ahmed Tinubu

NWFL Premiership: I feel excited scoring my first goal - Shobowale

By Saheed Afolabi

FC Robo Queens midfielder, Rukayat Shobowale was thrilled with her team's outstanding performance against Adamawa Queens at legacy pitch, national stadium, Surulere.

The introduction of Rukayat Shobowale in the second half gave the Lagos LandLadies more possession and threats at Adamawa Queens goal area and her subtle touches caused more problems to the Adamawa Queens defense.

Shobowale said she was excited to score her first NWFL Premiership goal of the 2022/2023 season as it paved way for the team's victory.

"I feel excited scoring my first league goal of the season, and it came in a massive home win against Adamawa

Queens. I wasn't expecting to score but when the chance came, I took it gladly and it paved way to the team victory.

"I don't have much to say but we give God the glory, though we were underrated but we are now back to form which is good for the team.

"We know it's not going to be easy but we will work more on our weak areas and give our best in upcoming games in the league. There are no small teams in the league again because everyone is fighting for survival or to qualify for the Super 6, so there's something at stake for the teams, we will continue to give our all in the games ahead as this win will spur the team back to form."

The dynamic midfielder admitted that the team will face a difficult hurdle in qualifying for the Super 6 but they remained determined to achieve the feat.

"My expectations for the



Rukayat Shobowale

second half of the league is to see the team win matches because we won't relent and we will fight till the end. It's our dream to win the NWFL Premiership title but we have to cross the hurdle of qualifying for the Super 6 first and work towards winning the league title at the Super 6."

NWFL Premiership: Taiwo Afolabi reacts after scoring first goal of the season

By Saheed Afolabi

Delta Queens midfielder, Taiwo Afolabi, scored her first goal of the NWFL Premiership season through a terrific header against Naija Ratels at the Stephen Keshi Stadium, Asaba.

Describing her mood after scoring the goal, Afolabi said she was grateful to Almighty Allah saying her goals for this season is to keep performing well to help her team emerge champions of the NWFL Premiership this season.

"I feel grateful to Almighty Allah and feel good scoring my first league goal of the season.

"My goals for this season is for me to keep performing well to help my team in my own little way to be crown as the winner of this NWFL

Premiership season. "Yes I believe my team, Delta Queens have the ability of finishing this season unbeaten if we continue with the high spirit and team work, together we can achieve our goals."

The FIFA U17 Women's World Cup Bronze medalist described life after the World Cup as good.

"Life after the FIFA U17 Women's World Cup is good, I've gained more experience and exposure coming from the world cup and this have added more values to my game.

"The fame is also another factor dealing with after the world cup because people tend to recognise me when they see me outside and it's a great pleasure representing my fatherland."

NPFL: Ogunbote demands more from 3SC players

By Saheed Afolabi

Veteran coach, Gbenga Ogunbote is not satisfied with his players inability to get a win in two matches as they had just two points from two games.

Shooting Stars had an impressive start to the league as they got a point away from home against Plateau United followed up by a disappointing barren draw at home to Kwara United in Ibadan.

Ogunbote demanded more from his players because according to him, they did not get it right but the mistakes will be corrected.

He added that, new signing, Sikiru Alimi will

be selected for games when he is ready and believes the game against Remo Stars will be an interesting tie.

"We didn't get it right that's just the only thing. We just need to go back, correct the mistakes, they were the ones that played and scored 3 goals on the road and coming home they couldn't, so we want to look at a lot of things that could be responsible you understand, sometimes complacency can come in, you understand my point but nevertheless, thank God it happened in good time," he said.

He added: "As soon as he (Sikiru Alimi) is ready for selection for games we will see him.

"It's going to be an interesting one (Remo Stars game), with the type of officiating that we are getting now, it's going to be an interesting one."

The experienced tactician said the technical crew will work on the team for not taking their chances and attributed his team lack of goals against Kwara United is how the midfield was cut off which made it difficult for them to operate.

"We would try and do just that, you see if you look at Kwara United, they cut off the midfield, there were not playing in the midfield, all they were just doing is cutoff the midfield and it works for them. So sometimes

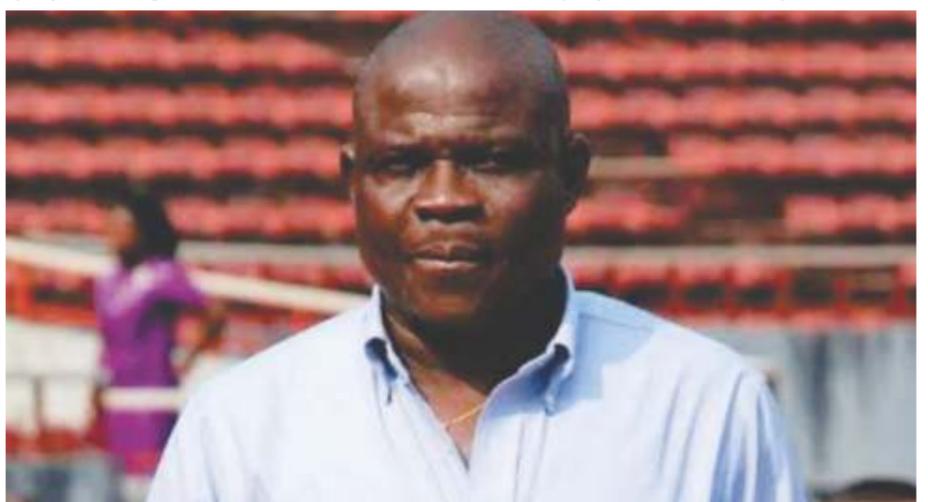
when you get a new team and it doesn't pay you, all you need to is that as long as we are concerned, the difference in the game is the goal that we didn't score but the boys did their best.

"Of course, we just played two games out of

18 games and the two games, we may not have picked the maximum points in the two games but at least the boys have shown some promises. So all we need to do is the first thing to qualify for the Super 6, to be among the best 3 that will play

in the Super 6, so after the qualification, then we can see."

Shooting Stars will travel to Ikenne to face the enterprising Remo Stars team as this will be an avenue for Gbenga Ogunbote and Sikiru Alimi to face their former sides in an epic battle.



Gbenga Ogunbote

University of Peace, APCA on study trip to Morocco

By Kehinde Bamigbetan

Who is in control of Western Sahara between the Kingdom of Morocco and the Sahrawi Arab Democratic Republic, SADR? Between January 4 and 13th this year, the students of the University of Peace, a United Nations institution established through the General Assembly resolution 35/55 of December 5, 1980, embarked on a study trip to Morocco to see for themselves.

The students formed the top brass of security and diplomatic circles in Senegal, Gabon, Cameroon, and Benin. The Association of Political Consultants-Africa with three nominees from Nigeria and one from Ethiopia, was invited to join the study trip. The APCA team comprised this writer, Tope Ajayi, Paul Fregene and Endalkachew Abera. The trip, put together by Dr. Abdoulatif Aidara, who coordinates CISPAIX's activities in Senegal, involved key functionaries of the university such as the director of programmes Professor Samuel Ewusi, the secretary, Professor Esther Ndotu, top police officers from Senegal and Gabon and academics from Senegal and Benin. The officers are doctoral students of the university.

On January 8, the delegation met officials of the Moroccan government in Rabat. These officials made

presentations on the history of Western Sahara in pre-colonial times when the Kingdom of Morocco controlled the Western Sahara and shared boundaries with other nations at the River Senegal.

According to them, the question of what should happen to the Western Sahara became an issue following the end of Spanish colonial rule in 1975 and the need for governance over the territory from which Spain withdrew. The Moroccan government re-established its control over the area but this became a subject of conflict with a group known as the Sahrawi Arab Democratic Republic that till today contests Morocco's claim.

The Moroccan kingdom believes the SADR has the voice of Jacob but the hand of Esau arguing that without the active financial and diplomatic support of the Republic of Algeria, the SADR would not exist. Indeed, it insists that the only government that serve the people of the Western Sahara is the kingdom of Morocco which has put in place an administration at Dikhla headed by the governor and observed by over 17 governments represented by their consular officials.

The visit to Dakhla which was meant to demonstrate and convince the delegation that Morocco is both in power and in control of the territory took place on January 11, 2023. There was,



indeed, a peaceful environment in the city as residents freely pursued their businesses. Women and children mingled freely in the parks while the markets bristled with buying and selling.

The delegates visited the Dakhla Regional Investment Centre and were briefed on ongoing efforts to promote investment, provide access to funds and provide business intelligence. To provide appropriate skills for industries, the agency said it has set up schools for commerce, tourism, technology, and agriculture. It also visited the Dakhla Fisheries firm and learned how the company exports fish to the international market.

Both events reinforced the position of the government that it is on the ground and that the international community should put pressure on the SADR and the Algerian government which provides it a place to operate to dialogue to resolve the

impasse.

As Najlac Benbarek, the director of Diplomacy said, the issue of the Western Saharaz is no longer

about selling a particular view to the world, it is about how the conscious effort of the government to develop the people

can convince the world of the commitment of Morocco to the progress of the people of Western Sahara.





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CDAs, colleagues, and friends celebrate Ewumi-Dosunmu as she bows out of the civil service

She manifested her willingness to serve the people very early. Sherifat Ewumi was at the University of Ife when she contested and emerged as the chairperson of Moremi Hostel. At the thanksgiving to mark her glorious exit from the Lagos State Civil Service, colleagues, friends and the leaders of the community development associations in Lagos State extolled her virtues as a hardworking and listening public officer who represented the government well in all the positions she has occupied. In tribute, former Commissioner for Information & Strategy, Hon. Kehinde Bamigbetan who worked with her when he was the Special Adviser, Communities and Communications at the Ministry of Local Government & Community Affairs praised her commitment to service, teamwork, and willingness to experiment with ideas that can add value. His words: I was posted to the Ministry to head manage the new portfolio of the Special Adviser to the Governor on Communities and Communications. First, I needed to research to know what the department had done. From the research, I generated new ideas such as the television program, Lagos Community Update, Lagos Community Media, Community Radio, Community engagement with the Private Sector, Sensitisation of Market women to Government Policies, etc. We brainstormed on these programs and we collaborated to execute them successfully. There is no doubt that our performance led to my



The newest retiree, Mrs. Ewumi- Dosunmu, flanked by children at the event

deployment to the Ministry of Information & Strategy as a commissioner." Reflecting on her life, Mrs. Ewumi-Dosunmu went down memory lane: "I was born on 15th January 1963 on Lagos Island. My father was a civil servant and my mother was a trader. I attended St Mary's Convent School, Broad Street, Lagos Island for my primary education and Ijebu Muslim College,

Ijebu-Ode for my secondary education. I proceeded to the Lagos State Science & Technology as it was then called for my Advanced Levels. I was in Lower Six when I gained admission to the University of Ife, (now Obafemi Awolowo University) to study English and finished in 1985. I started my National Youth Service Corps in Bauchi State before I was later re-deployed to Lagos State. I

completed my youth service at Birch Freeman High School. I later joined the local government service commission as a community development officer and was posted to Lagos Island Local Government in May 1988. I served in other local governments such as Eti-Osa and Alimosho. In December 1999, I was posted to Surulere Local Government. I was there till 2006 when I was

moved to the Lagos State Civil Service. By this time, I had obtained a Master's in Technology and Rural Development from the Ogun State University, now Olabisi Onabanjo University." And so began a gradual rise to the top crowned with her position as the Director, of Community Development, at the Ministry of Local Government and Community Affairs.

MEDIA GURUS ON THE GROUND AS CALEB UNIVERSITY CONFERS HONORARY DOCTORATE ON ALAKE

For senior media managers and lovers of his pungent intervention in public affairs, all roads led to Imota, Lagos State last Saturday as the Caleb University conferred an honorary doctorate on the former Commissioner for Information in Lagos State and currently, the Adviser on Media for the All Progressives Congress Presidential Campaign Council, Mr. Oladele Alake. In a letter dated December 30, 2022, the registrar of Caleb University, Mr. Mayokun Olumeru based its decision to confer the award on Alake's "astute contribution to journalism, democracy and political administration in Nigeria. The letter reads: "I write on behalf of the Visitor, Board of Trustees, Governing Council, Vice-Chancellor, Senate, Management, Staff, and Students of Caleb University, to notify you that you have been nominated to receive an honorary doctorate award of Doctor of Mass Communication (honoris causa) which will be conferred on you at the University's 12th Convocation Ceremony slated for Saturday, 21st January 2023. The decision to confer this honorary award on you is based on your astute contribution to journalism, democracy, and political administration in Nigeria over the last four decades." Extolling Alake's values, Caleb University wrote further that a journalism career that began at the Ogun State Broadcasting Corporation as a youth corps member in the late 70s, and at Lagos State Broadcasting Corporation thereafter has been to the entire country. "Your contribution to the political space as the communication advisor and confidant of Chief M.K.O. Abiola, your dynamism as the Lagos State Commissioner for Strategy and Information during the governorship administration of Asiwaju Bola Ahmed Tinubu between 1999 and 2007, and your fruitful activities as the Director of Media and Communication of the Buhari Campaign Organisation are no mean feats. On our part at Caleb University, we are most thrilled by the service, excellence and character brought to bear in all the responsibilities and roles you have been saddled with in the public space – values that soundly resonate with us at Caleb University. We thus believe and deem it fit that you are well-deserving of this honorary award. It would be a great pleasure and delight to us to receive your kind acceptance of your nomination as an honorary awardee. Receiving the award, Dr. Alake said the event demonstrated the values that the society and the institution's founder placed on education. His words: The significance of today's event lies in the seriousness that our society has placed on education, the zeal of our people exemplified by the founder of this institution"



Alake receiving the honorary doctorate award yesterday